



The Alpha-1 Foundation is committed to finding a cure for Alpha-1 Antitrypsin Deficiency and to improving the lives of people affected by Alpha-1 worldwide. The Alpha-1 Foundation has invested \$71 million to support Alpha-1 Antitrypsin Deficiency research and programs at 112 institutions in North America, Europe, the Middle East, and Australia.

[www.alpha1.org](http://www.alpha1.org)  
1 (877) 2 CURE A1 | 1 (877) 228-7321

#### Platinum Sponsors

AlphaNet  
CSL Behring  
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Eversana



3300 Ponce De Leon Blvd  
Coral Gables, FL 33134

A hand holding a blue marker is writing on a white sign attached to a brown envelope. The sign reads: "You Are Invited to a FREE 2019 Alpha-1 Education Day." A blue paperclip is attached to the top left corner of the sign.

You Are Invited to a  
**FREE 2019 Alpha-1**  
**Education Day.**

**Portland, OR**  
**Sunday, May 5th**



## An **Alpha-1 Education Day**

is a chance to...

- Learn about Alpha-1
- Meet Alpha-1 experts
- Network
- Get Alpha-1 Foundation resources

... for patients, their families, caregivers and healthcare professionals.

## **Program Schedule**

### **Saturday, May 4th**

#### **Step Forward for Alpha-1 Portland**

The "Step Forward for Alpha-1 Walk" will be held at Sellwood Park (SE Miller St. & SE 7th Ave., Portland, OR 97202) on Saturday, May 4th at 3:00 pm.

**Register for the walk today:**

[give.alpha1.org/PortlandWalk19](http://give.alpha1.org/PortlandWalk19)

7:00 pm - 9:00 pm

#### **Patient Dinner**

Sponsored by AlphaNet, CSL Behring, Grifols, and Takeda

### **Sunday, May 5th**

8:00 - 9:00 am

#### **Breakfast/Exhibitor Displays**

9:00 - 9:45 am

#### **Alpha-1 Foundation Update**

Miriam O'Day, President & CEO,  
Alpha-1 Foundation

9:45 - 10:30 am

#### **Alpha-1 Basics**

Alan Barker, MD, Professor of Medicine,  
Oregon Health & Science University

10:30 - 10:45 am

#### **Break/Exhibitor Displays**

## **Location**

The Alpha-1 Education Day will be held at:

### **Crowne Plaza Portland Downtown**

1441 NE 2nd Avenue

Portland, OR 97232

(503) 233-2401

Please avoid wearing perfumes, colognes or other scented items. This can trigger a serious asthma attack for some Alphas. We recommend that attendees bring a sweater. The meeting rooms may be cold.

10:45 - 11:30 am

#### **Alpha-1 and the Liver**

Willscott Naugler, MD, Associate Professor of Medicine, Medical Director of Liver Transplantation, Oregon Health & Science University

11:30 - 12:00 pm

#### **Q&A Panel**

Miriam O'Day; Alan Barker, MD;  
Willscott Naugler, MD

12:00 - 1:00 pm

#### **Lunch/Exhibitor Displays**

1:00 - 2:00 pm

#### **Breakout Session 1:**

#### **A Caregivers Only Discussion**

Millie Lim and Bernie Hanson

#### **Breakout Session 2:**

#### **Insurance Issues for Alphas**

Miriam O'Day, President & CEO,  
Alpha-1 Foundation

2:00 - 2:30 pm

#### **Staying Fit - Tai Chi for Alphas**

Forrest Romig, Tai Chi Instructor

## **Program & Dinner Registration**

Register to attend at [www.alpha1.org](http://www.alpha1.org) or contact the Alpha-1 Foundation at 877-228-7321 ext 323. Please register to attend by April 29th, 2019.

**Will You Be Attending?**

## **Hotel Reservations**

**Need a Hotel Room?**

Contact the Crowne Plaza Portland Downtown Convention Center at 503-233-2401 to reserve your room. The group rate is \$149 plus tax and the booking code is Alpha-1 Foundation.

Reservations must be made by April 26th to guarantee the rate.

## **AARC Accreditation**

This learning activity has been approved by the American Association for Respiratory Care (AARC) for 6 hours of Continuing Respiratory Care Education (CRCE).

**Are You an RT?**

**Need Oxygen?**

## **Oxygen Travel Fund**

The Alpha-1 Foundation provides oxygen for Alphas in financial need to travel to Alpha-1 educational events. To apply, please call (877) 228-7321 ext 251 with at least 30 days notice.

Emergency supplemental oxygen will not be available. Please be sure to bring adequate oxygen supplies.